

# HEART TO HEART CARE KITS



Help people in crisis take control of the chaos.  
Build a box of Heart to Heart Care Kits today.  
See opposite side for instructions.



### INSTRUCTIONS:

1. Place all items in one zipper seal bag, seal it, and place the top of the filled bag into the bottom of the second bag and seal it.
2. Collect banana boxes from a local grocery store, place cardboard or a paper bag in the bottom, and place 10 completed Care Kits in each box.
3. Complete the Care Kit Information Form (available online), insert it in an envelope with financial support for shipping (\$1.00 per kit), and place the envelope in the box.
4. Secure each box with packing tape and mark the outside of the box "10 Care Kits." (If sending multiple boxes, please mark box "Form Inside" so we collect your information efficiently.)
5. Add necessary shipping information and ship to our warehouse:  
Heart to Heart International, 1021 Pacific Avenue, Kansas City, KS 66102

### CARE KIT CONTENTS:

- One new hand towel
- One new washcloth
- One wide-tooth comb
- One small bottle of shampoo
- One new individually wrapped toothbrush
- One travel size tube of toothpaste
- Ten (10) adhesive bandages
- One individually wrapped bath size bar of soap
- One plastic travel size soap dish
- Two (2) one-gallon size zipper seal bags