

THANK YOU!

# 2024 IMPACT REPORT



CHANGING LIVES!

**2024 WAS A YEAR OF REMARKABLE IMPACT**, and it was all made possible by you—our compassionate and dedicated supporters. Your commitment to improving global health access has transformed lives, delivering critical medicines, care and aid to those who need it most.

The gratitude we hear from beneficiaries reflects your generosity:

- ♥ Ukraine: "Your loyalty helps us not to give up and gives us the feeling of a reliable shoulder to lean on."
- ♥ El Salvador: "Your donations of medicines and supplies sustain our clinic, supporting the most vulnerable children. Thank you!"
- ♥ Zambia: "Your help empowers children to grow healthy and strong, creating lasting change in their lives."
- ♥ North Carolina: "We couldn't reach the most vulnerable in critical times without your help!"

These messages of hope are yours. Thank you for changing lives in 2024—you are truly making a difference!

Sincerely,

Kim Carroll  
CEO, Heart to Heart International



Check out the rest of this Impact Report for more ways you helped deliver hope and healing in 2024!



**MISSION STATEMENT:** Heart to Heart International seeks to improve healthcare access in the U.S. and around the world by ensuring quality care is provided equitably in medically under-resourced communities and in disaster situations.

**Heart to Heart**  
INTERNATIONAL  
CONNECTING YOU TO A world IN NEED.™

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Read more and donate!



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## Hygiene Kits

**350,000+ kits** distributed to:

- 24 U.S. states and territories
- 15 countries

**HYGIENE KITS** are at the heart of our mission, meeting urgent needs and restoring hope for people in crisis. In 2024, we distributed kits around the world to people impacted by natural disasters, violence and poverty.

- In Gaza, displaced women shared how the kits restored dignity and empowered them to manage hygiene with privacy.
- In Ukraine, they reached war-injured civilians and displaced families in hospitals, shelters, and schools.
- In North Carolina, hurricane survivors who lost their homes found comfort and relief through these essential supplies.

Whether after a natural disaster or during a humanitarian crisis, each kit offers more than supplies—it delivers hope and reminds recipients they are not alone.



## Access to Medicine

**\$250 million** in medicines and supplies shipped to:

- 30 countries
- 34 states and territories

Total: 66 million doses of medicine

Our **ACCESS TO MEDICINE** program provides essential medications and supplies (treating infections, cardiac issues, thyroid conditions, etc.) to clinics and hospitals in under-resourced communities.

In Honduras, this helps patients like Nelly, a young mother with epilepsy, who relies on Hospital El Progreso for care. High pharmacy prices often force families to choose between medicine and food, but our program provides Nelly and others with life-saving medications, ensuring they can live healthier lives.



## Disaster Response

**19 disaster responses**

including:

- Hurricanes Helene, Milton, and Beryl
- Severe weather and tornadoes in the U.S. South and Midwest
- Violence in Haiti and Sudan
- War in Ukraine and Gaza
- Flooding in Florida, California and Texas

Our **DISASTER RESPONSE** Team is always on alert, ready to mobilize whenever disaster strikes. In 2024, we delivered critical aid through hygiene kits, essential medicines, medical supplies and mobile medical teams for disasters around the world. Among those disasters were Hurricanes Helene and Milton where we provided:

- over \$2.2 million in supplies
- 60,000 hygiene kits across five states
- medical care to over 300 people in western North Carolina

Dr. Gustave Wilde, a volunteer and North Carolina resident who served on our medical team after Hurricane Helene, shared, "Every client was so very grateful. Heart to Heart International provided not only much needed medical care, but showed my humble neighbors love, compassion and an assurance that they were not forgotten."



## Laboratory

**10 clinics** received lab technology, resulting in:

- 7,106 tests performed
- 4,702 patients tested
- 1.2% average reduction in A1c results

Our **LABORATORY** program equips clinics with on-site lab capabilities, allowing for immediate testing and results. This reduces transportation, cost, and time delays for patients like Antonia, who previously faced weekly hospital visits for her clotting disorder. She is now able to receive care and lab work in one visit., empowering her to manage her health more effectively.

This program is transforming care by bringing lab services directly to the community.



Our **COMMUNITY HEALTH** program improves access to care by offering vaccines, vision screenings, and diabetes (A1c) tests at local events. Notably, 80% of those with abnormal A1c were previously unaware of their condition, prompting the creation of our new Diabetes Reduction Program.

At one event, a man in his 20s discovered dangerously high A1c levels and was immediately connected to care, preventing serious complications. Through partnerships, we ensure not only testing but also follow-up care, supporting healthier outcomes for the community.



## Community Health

**5,407 individuals** served with:

- 41 partners
- 211 community service events



*More Impact Stories: Scan here to read more inspiring stories!*